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## COMING FROM THE HEART

by Laurie A. Monroe

Throughout my life, I have relied on my inner guidance to direct my path. I recognized how to utilize and apply this guidance in a wide variety of circumstances. I would be open and receptive to it and it seemed to always lead me in a positive direction. After much contemplation in this past year, I know that the guidance that I am receiving is basically an energy that originates from what I truly am—Love.

Last October, I was discussing this love energy I was feeling with a close friend at TMI. It was an overwhelming vibration originating from my heart center that moved throughout my physical body. It was the same feeling I had experienced in TMI programs, especially *LIFELINE*®. Thoughts of Nancy and my father entered my mind, and that is when I understood that the totality of love There is a Knowing to me Here. Remembering the love they shared and knowing it is still very much alive led to the realization that this greatness of love is available to all of us. We are all generators of this love energy as well as expressions of it. I said to my friend how wonderful and exciting it would be to be able to consciously bring the love energy that is all-encompassing in the different states of consciousness (i.e., There) to the Here-Now. We became excited about the prospect of doing this, and thus the idea for the new program, *HEARTLINE*, was born.

Over the course of the next several months, three of us at TMI began to write scripts for the program tapes. Basically, we were all receiving similar thoughts and messages. I don't want to use the word "channeling," but it was akin to the meaning of the word. The ideas were flowing through us; they were not of us. We were simply the receptors of this energy. We now have the desire to share and express this energy with all of you who want to know, to be, to do, and to express what we truly are, Love. I know that this love energy can be integrated into our daily lives by opening to it and allowing it to constantly flow through us. By doing this, we are able to positively enhance our own life patterns as well as those around us.

The fundamental purpose of *HEARTLINE* is that the participant know from direct experience that this love energy is indestructible and that it can be integrated Here for the immeasurable enhancement of this life's creative expression and fulfillment of purpose. I am sure many of you have experienced and known this energy. *HEARTLINE* is a means, a tool, for you to more fully explore this energy in order to capture the essence of it and to continuously be in the flow of it. The program will not utilize Focus levels as you are familiar with them in other TMI programs. This will enable the participant to be exactly where he or she needs to be: whatever level of consciousness is most appropriate for the participant's stated intent. Through learning

to become attuned to and how to resonate with varying vibrational shifts and energy patterns, one's connectedness to this love energy and to all things emerges as a "Known."

I invite all of you to participate in our growing spiritual evolution by attending *HEARTLINE*. I am excited about the response we have received from many of you who plan to attend our first program in October. The commitment of the *HEARTLINE* participant to live, be, and express this love is of vital importance. Once the channel is open and the love energy is continuously flowing, there are significant implications for a dramatic impact on human consciousness.

In closing, I would like to share the *HEARTLINE* Affirmation:

I am in touch with the source of all life and I am open to receive all energy from this source.

My purpose is to know and be love. My intent is to know the fullness of life, the joy of life, and the love that I am. I deeply desire to know, to be, to understand, to experience, to express the love that I am and the absolute good that I bring forth. I ask that the light of the source surround me, enfold me, and embrace me.

I ask that the love energy flow through me now and always. From this day forward, I am better able to be the love that I am and to know that I have no limitations.

For I am this energy—I am Love. And because I am love, I live each moment of this day in heartfelt gratitude and deep, abiding appreciation for All That Is.

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